|  |
| --- |
|  Qualification: Edexcel BTEC Level 3 Subsidiary Diploma in SportUnit 17: Psychology for Sport PerformanceAssessor:  |
| Assignment number1 of 5 **Personality** |

Date assignment given out :

Date assignment is to be handed in:

|  |
| --- |
| **Scenario**:You are working with a youth sports team. The coach complains to you about some of his youth athletes, saying that they don’t have the right **personality** to make it as athletes in his team.**Educate** the coach about the role of personality in sport by preparing a short written report that looks at all the different **factors surrounding personality** & environmental factors and their role in sports participation & performance. |

|  |  |  |
| --- | --- | --- |
| Task | What I have to do / tips | Grading Criteria |
| 1 | Make sure that you first describe what personality is and then give a brief overview of whether personality alone should determine whether or not people should be picked for sports teams  | **Pass1**: **Define** personality & describe how it influences **sport participation** & **performance**  |
| 2 |  Use different theories & examples to explain how personality can influence sports performance | **Merit 1** (part a):**Explain** the different theories that try to explain the link between Personality & sports performance & participation.Explain how theories try to explain the link. |
| 3 | Make sure that you use a range of theories & supporting materials that give **contrasting arguments** so that you can give as full a picture as possible to allow the coach to make an informed decision about players | **Distinction 1** (part a): **Evaluate** contrasting arguments that relate to the link between Personality and sports performance |

