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| Qualification: Edexcel BTEC Level 3 Subsidiary Diploma in Sport  Unit 17: Psychology for Sport Performance  Assessor: | |
| Assignment number1 of 5 **Personality** |

Date assignment given out :

Date assignment is to be handed in:

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| **Scenario**:  You are working with a youth sports team. The coach complains to you about some of his youth athletes, saying that they don’t have the right **personality** to make it as athletes in his team.  **Educate** the coach about the role of personality in sport by preparing a short written report that looks at all the different **factors surrounding personality** & environmental factors and their role in sports participation & performance. |

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| Task | What I have to do / tips | Grading Criteria |
| 1 | Make sure that you first describe what personality is and then give a brief overview of whether personality alone should determine whether or not people should be picked for sports teams | **Pass1**:    **Define** personality & describe how it influences **sport participation** & **performance** |
| 2 | Use different theories & examples to explain how personality can influence sports performance | **Merit 1** (part a):  **Explain** the different theories that try to explain the link between Personality & sports performance & participation.  Explain how theories try to explain the link. |
| 3 | Make sure that you use a range of theories & supporting materials that give **contrasting arguments** so that you can give as full a picture as possible to allow the coach to make an informed decision about players | **Distinction 1** (part a):  **Evaluate** contrasting arguments that relate to the link between Personality and sports performance |

